

Health workers and coronavirus

Remove PPE correctly (doffing)

1 Remove gloves



Clean hands

2 Remove apron/gown

- If wearing a visor (not goggles), remove visor as below before removing apron/gown.



Clean hands

3 Remove goggles/visor



Clean hands

4 Remove mask/respirator



5 Clean hands for at least 20 seconds



See a video on how to remove PPE correctly here:
www.medicine.uct.ac.za/news/covid-19-resources

