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|  | ADDING VALUE TO YOUR HEALTHY CONVERSATIONS TOOLKIT • UNDERSTANDING SUBSTANCE USE & ADDICTION WEBINAR |
| **INTRODUCTION** |
| An information-based webinar for all cadres of health staff, covering information on substance use and addiction.  |
| **PURPOSE OF THE TRAINING** |
| The purpose of the webinar is to provide all cadres of staff with information on the use of various substances and how addiction happens.  |
| **TARGET GROUP** |
| All cadres of Department of Health and Wellness staff and NPO partners. |
| **NUMBER OF PARTICIPANTS**  |
| Unlimited  |
| **COURSE DESIGN** |
| An information-based webinar offered on the MS Teams platform. Duration: 4 hours  |
| **COURSE CONTENT**  |
| * Define Substance use disorder (SUD)
* Substance use in South Africa
* Psychoactive substances
* Classification of Psychoactive substances
* Drug Classes
* Causes of substance use disorder
* Effect of substance use
* DSM 5: Diagnostic Criteria (Symptoms of SUD)
* Cycle of substance use disorder & Stages
* Withdrawal
* Drug Induced Psychosis
* Discuss the link between substance use and HIV/AIDS
* Screening for Substance use disorder
* Substance use Treatment methods
 | * Defining addiction
* Causes of addiction
* Types & Signs of common addictions
* Stages of addiction
* Stages of change
* Treatment
* Stigma
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| **TRAINING ASSESSMENT** |
| None |
| **CERTIFICATION** |
| All participants who attend the full duration of the course will be awarded with a certificate of attendance. |
| **CORRESPONDENCE & APPLICATIONS** |
| All correspondence and applications to be directed to the People Development Centre (PDC): Ms Simoné Williams (T) +27 21 763 5320 (E) Simone.Williams2@westerncape.gov.za**Course Coordinator**: **Glenda Cable** |