|  |  |  |
| --- | --- | --- |
|  | ADDING VALUE TO YOUR HEALTHY CONVERSATIONS TOOLKIT •  UNDERSTANDING SUBSTANCE USE & ADDICTION WEBINAR | |
| **INTRODUCTION** | | |
| An information-based webinar for all cadres of health staff, covering information on substance use and addiction. | | |
| **PURPOSE OF THE TRAINING** | | |
| The purpose of the webinar is to provide all cadres of staff with information on the use of various substances and how addiction happens. | | |
| **TARGET GROUP** | | |
| All cadres of Department of Health and Wellness staff and NPO partners. | | |
| **NUMBER OF PARTICIPANTS** | | |
| Unlimited | | |
| **COURSE DESIGN** | | |
| An information-based webinar offered on the MS Teams platform. Duration: 4 hours | | |
| **COURSE CONTENT** | | |
| * Define Substance use disorder (SUD) * Substance use in South Africa * Psychoactive substances * Classification of Psychoactive substances * Drug Classes * Causes of substance use disorder * Effect of substance use * DSM 5: Diagnostic Criteria (Symptoms of SUD) * Cycle of substance use disorder & Stages * Withdrawal * Drug Induced Psychosis * Discuss the link between substance use and HIV/AIDS * Screening for Substance use disorder * Substance use Treatment methods | | * Defining addiction * Causes of addiction * Types & Signs of common addictions * Stages of addiction * Stages of change * Treatment * Stigma |
| **TRAINING ASSESSMENT** | | |
| None | | |
| **CERTIFICATION** | | |
| All participants who attend the full duration of the course will be awarded with a certificate of attendance. | | |
| **CORRESPONDENCE & APPLICATIONS** | | |
| All correspondence and applications to be directed to the People Development Centre (PDC): Ms Simoné Williams (T) +27 21 763 5320 (E) [Simone.Williams2@westerncape.gov.za](mailto:Simone.Williams2@westerncape.gov.za)  **Course Coordinator**: **Glenda Cable** | | |