

Department of Cultural Affairs and Sport  
 Directorate: Sport Development  
 MOD Programme

Holiday Programme 18 June until 8 June 2019

DISTRICT: Metro Central

MC CO-ORDINATOR: Ernest Fisher 076 282 0312, Malcolm van Wyk 060 526 3797

ACTIVITIES	VENUE	PROGRAMME MANAGER
Registration, Warm up, Ice breaker, Tennis, Netball, Soccer, Baseball drills, Hockey, Table tennis drills, Rugby, Dance	Bridgeville Primary School, Bridgetown	Ernest Fisher
Registration, Ice breaker, Warm up, Football games 5-a-side, Softball, Mini netball, Touch rugby, Chess, Board games	Montana Primary School, Montana	Malcom van Wyk
Registration, Warm up, Table tennis, Board games, Soccer, Baseball, Mini games, Balancing, Table tennis drills, Various mini games, Netball drills, Command games, Mini cricket, Tennis	Central Park Primary School, Bonteheuwel	Ernest Fisher
Registration, Equipment setup, Warm up, Ice breakers, Soccer drills, Board games, Soccer tournament, Netball drills, Netball tournament, Table tennis drills, Table tennis tournament, Tennis drills, Cricket, Singing, Dancing, Board games	Willows Primary School, Heideveld	Ernest Fisher
Registration, Warm up, Volleyball, Dancing, Cricket, Tennis, Indigenous games, Softball, Basketball, Mini soccer tournament, different stations activities	Heideveld High School, Heideveld	Ernest Fisher
Registration, Warm up, Soccer, Nikkies, Dancing, Soccer drills, Soccer tournament, Cricket drills, Dodgeball, Musical chairs, Tag rugby, Hockey game	Blossom Primary School, Athlone	Ernest Fisher
Registration, Warm up, Ice breaker, Basketball, Dance competition, Tablets, Recreational games, Soccer competition, Indigenous games, Various mini games, Musical games, Cricket, Volleyball, Board games	Bokmakierie Primary School, Athlone	Ernest Fisher
Registration, Ice breaker, Warm up, Rounders, Board games, Mini soccer, Dance, Netball drills, Netball tournament, Soccer tournament, Tennis drills, Tennis tournament, Dance competition, Cricket and netball tournament, Board games	Silverstream Primary School, Manenberg	Malcolm van Wyk

Registration, Laying down rules, Ice breaker, Warm up, Cricket, Handball, Soccer, Netball, Dance, Volleyball, Board games, Dominoes, Mini tournaments: Final day free play and reflection	Downeville Primary School, Manenberg	Malcom van Wyk
Registration, Ice breaker, Warm up, Music, Dance, Soccer tournament, Board games, Touch rugby, Netball tournament, Cricket drills, Soccer, Rover and over games, Free play	Sonderend Primary School, Manenberg	Malcom van Wyk
Registration, Warm up, Ice breaker, Soccer, Netball, Volleyball, Dance, Kickball, Talk session, Music, Volleyball drills, Soccer drills, Basic softball	Manenberg High School, Manenberg	Malcom van Wyk
Registration, Ice breaker, Soccer drills, Sing-a-long, Netball drills, Ballroom dancing drills, Cricket drills, Drama showcase, Soccer drills, Soccer tournament, Volleyball drills	Phoenix High School, Manenberg	Malcom van Wyk
Registration, Warm up, Breath exercises, Ball games, Life skills, Juggling, Song play, Choral tunes, Indigenous games, Ball games, Storytelling, Song and Dance, Board games, Soccer drills: Soccer tournament, Juggling and Freestyle stage act, Safety talks, Netball drills: Netball tournament, Pool and table tennis, Song and history, Reflection	ID Mkize, Gugulethu	Malcom van Wyk
Registration, Ice breaker, Warm up, Cricket, Netball mixed drills, Soccer mixed drills, Volleyball drills, Tennis, Dodgeball, Touch rugby, Board games, Ball nomination, Volleyball, Shadow boxing, Basketball drills, Mini games of the sporting codes, Indigenous games, Touch rugby, Dodgeball, Free play, Last day reflection	Intshukumo High School, Gugulethu	Malcom van Wyk
Registration, Warm up, Ice breaker, Soccer, Netball, Board games, Free play, Volleyball, Dance off, Soccer drills, Music	Monte Video Primary School,	Malcom van Wyk
Registration, Warm up, Ice breakers, Softball drills, Soccer drills, Dance, Fun and games, Music, Chess, Soccer tournament, Music, Table tennis drills, Dance drills, Athletics, Chess games, Volleyball drills	Silikamva High School, Hout Bay	Malcom van Wyk
Registration, Warm up, Ice breakers, Board games, Tag rugby, Soccer drills, Life skills, Soccer tournament, Table tennis drills, Table tennis, Indoor and outdoor games, Chess, Basketball drills, Music, Dance, Hockey, Netball, Cricket, Tennis exhibition, Dance festival, Social development speakers	Sentinel Primary School,	Malcom van Wyk
Registration, Warm up, Soccer, Volleyball, Badminton, Chess games, Board games, Soccer tournament, Dancing, Chess, Sing-a long, Soccer semi-finals, Netball, Last day finals of all the sporting codes	Hout Bay High School	Malcom van Wyl

Registration, Warm up, Ice breakers, Drama activities, Netball, Rugby, Cricket, Soccer, Dance, Music, Indigenous games, Handball, Mixture of sports, 5-a-side soccer, Dodgeball, Baseball with your feet	Scotches Kloof Primary School, Cape Town	Malcom van Wyk
Registration, Warm up, Stretching, Mini soccer, Chess, Netball, Table tennis, Dancing, Watch inspirational movie, Finals of all the sporting codes to take place on last day and reflection	Kensington High School	Ernest Fisher
Registration, Warm up, Ice breakers, Drama activities, Netball, Table tennis, Cricket, Soccer, Dance, Music, Indigenous games, Handball, mixture of sports, 5-a-side soccer, Music competition	Langa High School, Langa	Ernest Fisher
Registration, Warm up, Ice breaker, Soccer competition, Netball competition, Cricket competition, Hockey competition, Morabaraba competition, Table tennis, Draughts, Table soccer, Netball	Lovelif Centre, Langa	Ernest Fisher
Registration, Warm up, Ice breaker, Soccer competition, Netball competition, Cricket competition, Rugby competition, Table tennis, Table soccer, Volleyball, Board games, Juggling	Athlone High School, Athlone	Ernest Fisher